



The Watchdawg

Edition Editor: Matthew Swint

Wednesday, Sept. 27, 2006

SWOSU at Sayre

Howes selected to lead SGA

The votes of the student body have been tallied and the election results are in. Below are this year's Student Government Association officers:



- President** - Paula Howes
- Vice President** - Adam Brooks
- Secretary** - Megan Dickson
- Sophomore Reps** - Dena Mackey and Jeff Roland.

Freshman Reps - Chasten Musick, Martha Bustamante, and Stephan Brooks.

The SGA election was very close, according to sponsor Ron Kistler.

Officers and members will meet this Friday at 2 p.m. in SAB139 to discuss upcoming events. The first few events are already here—the Drunk Driving Simulator today, and the Hoot 'n' Scoot in Sayre on Saturday, and an upcoming officer's con-

vention! Any student may join SGA.

SWOSU would like to thank everyone who ran for an office and everyone who participated.

What: Hoot 'n' Scoot
When: Saturday
Where: Main St. Sayre
Help at the SWOSU booth



SWOSUP at SWOSU Sayre?

Sept. 27—DRUNK DRIVING Simulator, 9 a.m. to 1 p.m. in the Patterson Field House (Sayre gym). Come and go. Free snacks.

Sept. 27-30-Theatre Production "The Drawer Boy," staged nightly in the Science Building auditorium at Weatherford

Sept. 29-SWOSU Counselor's Day at Weatherford

Sept. 30-HOOT 'N' SCOOT on Main St. in Sayre from 8:30 a.m. -6 pm.

Sept. 30-SWOSU Parent's Day at Weatherford (discounts at businesses)

Oct. 10—Panorama Event- Tracy Morgan!

Get tickets by calling (580) 774-3019.



Oct. 19-20-Fall Break—no classes!

Oct. 28-SWOSU Homecoming "Red, White & Bulldog"

Nov. 5- Batch's Benefit-battle of the bands at the Elk City civic center



Save A Life Tour Comes to Campus Today

By Joel Delp

SGA's activity for today is a drunk driving simulator car. This allows students to drive a simulated vehicle while having the feeling of being intoxicated. Each student will have about four minutes in the vehicle—or until he or she crashes the car. This activity is made possible by the Save A Life Tour which is a national organization against negligent drinking.

The tour travels all over the na-

tion telling people about the consequences of dinking irresponsibly.

The event will begin in the gym at 9 a.m.. and will conclude at 1 p.m. for the college students. Everyone is invited, and some instructors will give bonus points for participation. Then, as part of an outreach and education program, Sayre High School students will be invited to the gym from 1-3 p.m.

Free snacks, pop, and water will be provided.

"The only people with whom you should try to get even are those who have helped you."



Is T.V. Cutting Into Your Study Time?

By Tiffany Castle

If someone offered you a million dollars to never watch T.V. again, would you give it up?

One in four Americans said they wouldn't, according to a recent magazine. It is startling how much time people spend vegged out in front of the T.V.

A recent study showed that North Americans

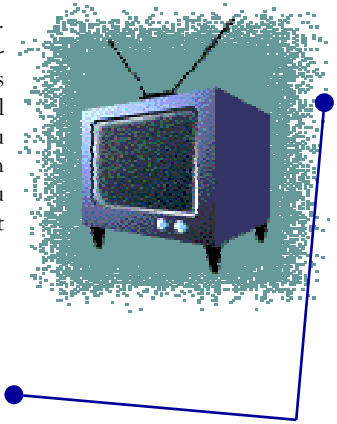
watch T.V. four and a half hours a day! Those hours add up. If we continue doing this, by age sixty we will have spent ten years in front of the screen. That is one sixth of our lives. That is time we could have

spent studying for that test we failed or visiting with our friends and family. How can we take control of our T.V. viewing?

First, honestly calculate how much time you spend in front of the set. You may be surprised. Second, try to watch for half

an hour less a day. Third, only turn on your T.V. when you know that your program is on. No more comatose channel surfing. These steps will help you to control how much time you squander zoned out in front of the T.V. You may find that you don't miss it all that much.

*If you watch TV
Over 4 hours a day,
by age 60,
you'll have spent
10 years
of your life there.*



Did You Know Just what All SWOSU Offers For You?

Did you know that Sayre students can participate in activities in Weatherford? For example, we have on our Sayre Campus, a member of the SWOSU cheerleading squad, sophomore Tisha Burns.

Many times, Sayre students feel as if they are set apart from the students attending at Weatherford. But actually, Sayre can take advantage of a number of activities on the Weatherford campus, as well.

Some of these activities include Intramural sports, membership at the new Wellness Center, access to theater, shows, musical performances, and admission to Panorama Events and athletic events. And, as in Tisha's case,

Sayre students can be actual SWOSU athletes.

Tisha was a Sayre High School cheerleader and graduate who went on to become a member of the SWOSU Cheerleading Squad. She lives in Elk City now, and attends classes at the Sayre Campus because of the class offerings and because of her job working at the Sheriff's Office in Sayre.

"I enjoy going to both campuses. I've learned that the atmosphere and classes are different from that of when I attended Weatherford," said Tisha. "Some of the reasons I like going to both are that I can still work 35 hours a week working in the Admin-

istrative office at the Sheriff's Department, I can stay close with my parents and my seven-year-old brother, the classes I

wanted are offered here (whereas sign language is not yet offered at Weatherford) and because I just love having a

lot of friends at both places. No matter where I go, I feel at home."



OUR CHEERLEADERS, including one Sayre campus student, Tisha Burns! Back Row, left to right: Sassy Guthmueller, Jaime Forrest, Jana Mace, Maddy Macias. Front Row: Tisha Burns, Kelsey Alexander, Ashley Nishimuta. Photo by Mick Pugh



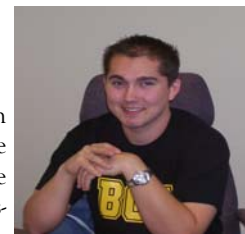
Meet the New BCM Guy

By Julie Berry

Ever wondered who that guy at the BCM is, the one who keeps talking while you're trying to eat your free food? That's Josh Priddle, the new BCM Director for the SWOSU Sayre campus. He served as the

youth pastor for Swanlake Baptist Church before coming to Sayre. Josh graduated from SWOSU in Weatherford in August. He currently attends seminary at Southwest Theological. He is extremely excited about being here and is looking forward to becoming an active participant on campus. Josh has two goals for the BCM: To know God

and to make him known. Come visit Josh at the BCM on Tuesdays and Wednesdays. Or you can contact him at www.joshpriddle.com.



Josh Priddle

SWOSU at Sayre PBL installs officers

By Roy Herndon

On Sept. 20, the Sayre chapter of Phi Beta Lambda installed officers for 2006-2007. Patsy Wootton, chapter advisor, officiated over the ceremony and installed the new members and officers.

The installation ceremony was attended by PBL officers, members, and Dr. Jim James, Dean of the college of Associate and Applied Programs and Sayre Campus.



Advisor P.atsy Wootton, Historian Elizabeth Breaux, Reporter Brian Atteberry, Treasurer Jessica Jamison, Pres. Lauren Eaves, Vice Pres. Dustin Batterton. Not pictured is Secretary Kathy Lampshire.



Members and Officers: Front row, left to right: Josh Seymour, Lisa Phillips, Tonya Hargrove, Brianna Silk, Megan Dickson, Jessica Jamison, Kelly Taylor, Questa Sontag. Back row, left to right: Patsy Wootton, Shiloh Ely, Adam Martin, Elizabeth Breaux, Tina Porter, Brian Atteberry, Lauren Eaves, Dustin Batterton.

Myspace or Facebook—Are You Addicted?



By Brandon Miller

Have you ever heard anyone talk about having a "myspace" or "facebook" page? I'm sure you have heard about it on the news and other informational programs talking

1. Do you have a myspace or facebook?
2. If you have both which do you prefer?
3. How often to you look at your page?
4. Do you believe that they are addictive?
5. Are you addicted?
6. Are you afraid of predators stalking

about how to use them safely.

I recently took a survey on the campus of SWOSU at Sayre on these two topics. The survey consisted of six questions.

A total of about 50 people took this survey and the results were surprising. About 52% of the students have a myspace or facebook. Out of those students 97% preferred myspace over facebook. Another surprising thing is how much time is spent on the pages. Some 86% of them log on to their page one to two times daily and a whopping 11% log on three or more times in a single

day. Amazingly 90% said that they believe that they can be addictive, yet only a mere 8% admitted to being addicted.



You hear quite frequently about internet predators and how to be safe while on the

(Continued on page 6)

You can participate in Oklahoma Research Day

Research Day is an annual event that has been held for the last eight years for national universities, international research institutions, and many academic communities to gather and show opportunities for

students and faculty to help them to decide their future.

This year's event will be Friday, December 1st on the campus of the University of Central Oklahoma.

The deadline for Abstract Submission and banquet registration are September 29.

Online registration is available at <http://www.ucok.edu/facres/okres/intro.htm>.

All people interested may attend.



Med Tech Club elects officers; slates

The Medical Technology Club met on September 11 to elect officers, discuss fund-raising and community service projects. Sophomore officers were elected in the spring semester.

They are President Hallie Keahey, Sophomore Representatives Jennifer Taylor and Dez Lovelace, Secretary Heather Perkins, and Treasurer Joyce Dodson. Freshmen officers elected at this meeting were Vice President Darcy McLeod, and Freshman Representatives Jessica Toler and Trevor Kuczajda.

The group will be selling candles for a fund-raising activity. The monies raised go toward the cost of registry examination fees. The cost of each exam is currently \$125.00.

The community service projects for the year includes a project begun last year in collecting aluminum can tabs that will be donated this year. The other community service project will be working with the Multiple Sclerosis Society of Oklahoma.



Med Tech Club: (Front Row L->R): Darcy McLeod, Hallie Keahey, Jessica Toler, Dez Lovelace, Jennifer Taylor, and Trevor Kuczajda. (Back Row L->R): Susie Walker, Michelle Culver, Jenifer Simpson, Sherry Forgay, Martha Bustamante, Vickey Broadbent, Lynn Crha, Joyce Dodson, Khang Le, not pictured are: Heather Perkins and Fancy Lamar.

Changes to Med Tech Program told

All students planning to enter the Medical Laboratory Technician (MLT) Program must submit an application. Applications are available in the Registrar's Office, the Counselor's Office and from Program Director, Roxann Clifton in the Conner Building room 301.

The application requirements include the application form, proof of completion of high school or GED, transcripts from all colleges attended, a completed

health statement with vaccination records, proof that the student has visited and job shadowed in a medical laboratory, and finally, the student must meet with the MLT Program Director for advisement. All applications are to be submitted to the program director.

Anyone with questions concerning with the MLT Program may contact Ms. Clifton at 580-928-5533 x 113 or email: roxann.clifton@swosu.edu

Student Happy that Caitlin's Law Passed

By PJ Scifres, contributing writer

Is it worth letting a violent offender out of jail when he turns around and commits an even more horrendous crime? That is what happened in my former hometown of Ada, Oklahoma.

On September 23rd Caitlin was loading her Color Guard flags into her car after school when she was abducted from the Ada High School parking lot in broad daylight. She was taken by her mother's estranged boyfriend, Jerry Don Savage.

Caitlin's mother Donna had previously broken up with Savage, but he just would not let it go. Savage had kidnapped Donna two weeks earlier and threatened to kill her. The police found him holding her with a 9 mm weapon. Savage was arrested and charged with burglary, kidnapping, and two felony weapons charges, and bail was set at \$200,000 .

Most of the time this amount would keep a

person in jail, but Savage was able to post bond. Donna Wooten then filed a restraining order against him to no avail. He still managed to hurt her by killing her oldest daughter and then himself.

In 2002 at a press conference President George W Bush said, "The kidnapping or murder of a child is every parent's worst nightmare. Today I call on all federal, state, and local law enforcement agencies and our communities and our citizens to work together to

"Kidnappers must prove they are not a public danger before being released on bail."

do everything in our power to better protect our children."

Laws such as Caitlin's Law are aimed at strengthening bail laws by requiring people charged with violent crimes such as kidnapping to prove they are not a public danger

before they may post bail.

At the senate hearing for this bill Donna Wooten testified. "This bill will not bring back my daughter," she told the committee. "But if it protects just one Oklahoma family from going through what my family has suffered, it can help create a safer Oklahoma, then this bill is the greatest thing we could ever do to honor the memory of Caitlin."

Fortunately this bill has now been turned into a law. This bill requires anyone charged with kidnapping to prove they are not a public danger before they are allowed to be released on bail. It also allows for a statewide electronic notification system called Victim Identification and Notification Everyday—or VINE—to notify victims when offenders move through the criminal justice system. This new system will go into effect sometime in October in Oklahoma.

Who Deserves Some Appreciation?

By Matthew Swint

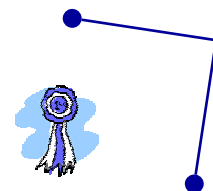
Have you ever wondered who kept the campus looking so nice, or who cooked the delicious food in the Student Union? What about the friendly faces that help you fill

out important papers in the business office, and don't forget the helpful librarians?

Do you feel that these hardworking people deserve some recognition? Here's your opportunity to nominate these awesome indi-

viduals for an award. This award is for staff and administrators only, not for instructors.

Go to: www.swosu.edu/administration/hr/employee-awards.asp and cast your vote today!



Your music could tell us your personality!

By Julie Berry

According to psychologists the one question among young adults trying to get to know one another is "What kind of music do you like?"

Their research has found that knowing the kind of music a person prefers allows for incredibly accurate personality predictions. Strangers can assess another person's level of creativity, and open



Smart? Simple-minded? Honest? Drama Queen?

mindedness after listening to his or her top ten favorite songs.

Personality clues are conveyed in the music's tempo, rhythm and lyrics. For example, fans of jazz, classical, and other "complex" music typically have above average IQ scores.

On the other hand fans of country and Top 40 hits tend to be more honest and conservative compared with fans of other genres.

People who like country and pop might be more simpleminded which

is not necessarily a bad thing; they just avoid making situations more complex than they need to be.

People with dramatic personalities are drawn to opera. In comparison extroverts gravitate to music with a heavy bass line.

Fans of energetic music like dance and soul are more likely to just blurt out their thoughts compared with fans of other styles.

Author Lane Jennings says, "It may be your musical library that best proclaims your identity."

The Writing Center—Could it help?

They are located in the Al Harris Library, Basement Room B3.

Trained student consultants are available to help writers in any discipline. Experienced writers as well as struggling writers can benefit from discussions of their writing at any stage in the writing process, from discussing topic possibilities to polishing final drafts. They can also help with organization and discus-

sions of content with speeches and presentations.

Students are urged to use this free service. Research has repeatedly shown that good writing skills are essential for college and workplace success. Research has also shown that students who take the time to discuss their writing with interested readers and work on thoughtful revision can improve skills.

E-mail them with your paper attached or just to ask questions at writing.center@swosu.edu or call 580-774-7083. The consultants need at least 24 hours to return your paper to you with suggestions.

Visit the web page to find out their hours. Since hours may change during the semester, it is a good idea to check the web page.

If you have further questions about the Writing Center, call Dr. Valerie Reimers, 580-774-3244.

Myspace and facebook, continued . . .

(Continued from page 3)

internet. These web pages ask for quite a bit of personal information but not all of it is required. You are not asked to put anything you don't want to. Of the students surveyed 97% are not afraid of predators and left many comments with the general topic of having a private profile. An anonymous student

stated, "The reason I do not have either of the two is because I am actually afraid of becoming addicted and inviting someone into my life."

Even with Myspace and Facebook, remember people may not actually be who or what they portray. On NewsChannel 4 Monday night, a story ran on an Oklahoma man who met and

courted a Russian woman on one of these sites for 6 months. She asked him for \$1,800 for a VISA and plane ticket to the USA. When he offered to fly there to meet her instead, he never heard from her again. She turned out to be a con artist whose picture was on Mail Order Bride sites. He was heartbroken, but still had his \$1800. Be careful out there, and don't get addicted!

Employee Spotlight

By Lauren Pryor

It's always nice to see new and friendly faces on campus. Meet this new-comer at SWOSU at Sayre. Lucia VanZandt!

She is the new cook at the student union, a.k.a. The Bulldog Café. She began her work here in August of 2006. Lucia started work as a cook when the Stardust was still open in Sayre. Until her daughter started school regularly, she decided to stay home to be with her daughter and watch her grow. It was the year her daughter graduated and left for college that Lucia chose to work again, that is when she joined us!

She is the proud mother of Sidney VanZandt, a 2006 graduate of Sayre and the wife of Sid VanZandt. Originally the VanZandts lived in Sayre before moving to Carter and staying until Sidney was in the 7th grade, which is when they then moved back to Sayre for a permanent stay.

Lucia has many hobbies, but her all time favorite is spoiling and taking care of her dogs!

So, if you don't know Lucia VanZandt you should take a trip to the student union and let her fry you up some chicken bites or Texas toothpicks, or any other entrée on the menu.



Meet Lucia VanZandt at the Bulldog Café.